

## Kibbled Wheat

*Kibbled Wheat is produced at Cummins Milling from wheat sourced from the northern region of Eyre Peninsula. The product is processed through the first break roll under low pressure.*

### *Ingredients*

Wheat with no additives.

### *Nutritional Information*

<i>Serving size</i>	<i>40g (1/3 cup)</i>	
	<i>Average quantity per serving</i>	<i>Average quantity per 100g</i>
Energy	565kJ	1410kJ
Protein	5.0g	12.5g
Fat total	Less than 1g	2.2g
- saturated	Less than 1g	Less than 1g
Carbohydrate	24.2g	56.5g
- sugars	Less than 1g	Less than 1g
Dietary Fibre	4.4g	11.0g
Sodium	Less than 1.8mg	5mg

### *Storage instructions*

Store in a cool, dry place

### *Packaging*

Provided in a white multiwall paper bag.

### *Codes & Sizes*

Kib01 25kg  
Kib02 per kg

### *Applications*

Use in Multigrain Bread  
Topping on loaves