

Multigrain Bread Premix

Multigrain Premix contains a healthy variety of whole cereal grains, and provides a wholesome, crusty loaf of medium texture that is based on our First Quality Bakers Flour. For variety make a loaf with ½ Multigrain Bread Premix and ½ Wholemeal Bread Premix or add 5% flaxseed and 5% rye meal to this mix to make Leckerbrot bread. For a lighter loaf, use ½ Multigrain Bread Premix and ½ Soft or Crusty White Bread Premix.

Ingredients

Wholegrain |Rolled Milled Flour, Unbleached Bakers Flour, Iodized Salt, Dextrose, Dough Conditioners (300), Enzyme (1100), Canola Oil, Vitamin (Thiamine & Folate).

<i>Nutritional Information</i>		
<i>Serving size</i>	40g (1/3 cup)	
	<i>Average quantity per serving</i>	<i>Average quantity per 100g</i>
Energy	575kJ	1430kJ
Protein	5.0g	12.6g
Fat total	1.2g	3.0g
- saturated	Less than 1g	Less than 1g
Carbohydrate	25.0g	62.4g
- sugars	Less than 1g	Less than 1g
Dietary Fibre	2.50g	6.20g
Sodium	300mg	740mg

Storage instructions

Store in a cool, dry place

Packaging

Provided in a white multiwall paper bag.

Code & Size

Flour16 12.5kg

Application

Tinned loaves
Rolls
Continental Style