

## Atta Flour 12%

*Flour is used in unleavened Indian Foods. It is a darker, fine grade flour with high fibre that is obtained from high protein wheat.*

### *Ingredients*

Unbleached roller milled flour and pollard.

### *Nutritional Information*

<i>Serving size</i>	<i>40g (1/3 cup)</i>	
	<i>Average quantity per serving</i>	<i>Average quantity per 100g</i>
Energy	564kJ	1410kJ
Protein	5.0g	12.5g
Fat total	0.6g	1.5g
- saturated	Less than 1g	Less than 1g
Carbohydrate	26.8g	67.0g
- sugars	Less than 1g	Less than 1g
Dietary fibre	4.84g	12.1g
Sodium	Less than 6mg	Less than 6mg

### *Storage instructions*

Store in a cool, dry place

### *Packaging*

Provided in a white multiwall paper bag with a red background and black/white product label.