

Unbleached First Quality Bakers Flour

This product is produced from a combination of high quality hard and premium wheats grown on the Eyre Peninsula. The product is unbleached and is ideal for the baker who wishes to create their own masterpiece.

Ingredients

Unbleached roller milled flour, Vitamin (Thiamine & Folate).

Nutritional Information

Serving size	Average quantity per serving	Average quantity per 100g
40g (1/3 cup)		
Energy	580kJ	1450kJ
Protein	4.88g	12.2g
Fat total	Less than 1g	1.1g
- saturated	Less than 1g	Less than 1g
Carbohydrate	27.70g	69.4g
- sugars	Less than 1g	Less than 1g
Sodium	Less than 2.5mg	Less than 5mg

Storage instructions

Store in a cool, dry place

Packaging

Provided in a white multiwall paper bag.

Size

25kg
12.5kg
1.2kg

Applications

Bread
Pie Bottom Pastry
Puff & Sour Cream Pastry
Pizza
Scones & Biscuits
Noodles & Pasta
Gravy